

CURRICULUM VITAE

PERSONAL DETAILS

Dr. Lasse Bosse Sander, Dipl.-Psych.

Research Associate
Psychotherapist (CBT)

Born on October 7, 1983 in Neumünster, Germany

Albert-Ludwigs University Freiburg, Germany

Institute of Psychology

Department of Rehabilitation Psychology and Psychotherapy

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ACADEMIC/CLINICAL POSITIONS

04/2018 - present **Research Associate** | Albert-Ludwigs University Freiburg, Germany | Institute of Psychology | Department of Rehabilitation Psychology and Psychotherapy (Prof. Dr. Dr. J. Bengel)

05/2016 - present **Psychotherapist in outpatient care** | Psychotherapeutic outpatient clinic for mental disorders co-occurring with physical diseases | Department of Rehabilitation Psychology and Psychotherapy (Prof. Dr. Dr. J. Bengel)

04/2017 – 03/2018 **Research Assistant** | Albert-Ludwigs University Freiburg, Germany | Institute of Psychology | Department of Rehabilitation Psychology and Psychotherapy (Prof. Dr. Dr. J. Bengel)

08/2014 – 03/2017 **Research Assistant** | University Medical Center Freiburg, Germany | Department of Medical Psychology and Medical Sociology (Prof. Dr. Unterrainer)

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Department of Rehabilitation Psychology and Psychotherapy

- 03/2016 – 09/2016 **Research Assistant** | Albert-Ludwigs University Freiburg, Germany | Institute of Psychology | Department of Rehabilitation Psychology and Psychotherapy (Prof. Dr. Dr. J. Bengel)
- 03/2013 – 04/2016 **Psychotherapist in outpatient care** within the scope of professional training in psychotherapy | Psychotherapeutic Outpatient Clinic | Institute of Psychology | Albert-Ludwigs University Freiburg, Germany (Prof. Dr. Tuschen-Caffier & Dr. Frank)
- 11/2013 – 09/2014 **Research Assistant** | Albert-Ludwigs University Freiburg, Germany | Institute of Psychology | Department of Clinical Psychology and Psychotherapy, under the direction of Prof. Dr. Tuschen-Caffier
- 02/2012 – 01/2013 **Psychotherapist in inpatient care** within the scope of professional training in psychotherapy | Department of Psychiatry and Psychotherapy | University Medical Center Freiburg, Germany (Supervisor: Prof. Dr. Brakemeier)
- 11/2009 – 09/2011 **Student Assistant** | Consortium disorder-specific psychotherapy research | University Medical Center, Freiburg, Germany
- Summer Semester 2009 – Winter Semester 2009/10 **Referent** for International Contacts | student council of the University of Bremen, Germany

MANAGEMENT DUTIES

- 04/2018 - present **Mid-level Faculty Representative** | Institute of Psychology | Albert-Ludwigs University Freiburg, Germany
- 10/2014 - present **Scientific and Departmental Management Tasks**, e.g. supervision of BSc/MSc theses, student assistants and trainees | Member of the Faculty Teaching Committee
- 10/2014 - present **Project Coordinator** | *Effectiveness of a guided web-based intervention for depression in back pain rehabilitation aftercare (WARD-BP)*, funded by the Federal Ministry of Education and Research (Prof. Dr. Baumeister & Prof. Dr. Dr. Bengel)
- 2014 - 2016 **Representative of the Trainees** | Educational Institute for Cognitive Behavior Therapy (FAVT), Freiburg, Germany
- Summer Semester 2009 **Elected Student Council Representative** | University of Bremen, Germany

Summer Semester 2006 – Winter Semester 2007/08 **Member of Psychology Student Body** | University of Bremen, Germany

EDUCATION AND TRAINING

- 10/2014- 03/2018 **PhD in Psychology** | Albert-Ludwigs University, Freiburg, Germany | Dissertation: „Effectiveness of an Internet- and Mobile-based Intervention for Subclinical Depression in Patients with Chronic Back Pain“ | grade: *summa cum laude*
- 2017 **Cognitive Behavioral Analysis System of Psychotherapy (CBASP) Certification** | Psychotherapy Training Academy (FFAP), Freiburg, Germany
- 2016 **Interpersonal Psychotherapy (IPT) Certification** | Psychotherapy Training Academy (FFAP), Freiburg, Germany
- 04/2016 **Licensure for Clinical Psychotherapy in Cognitive Behavioral Therapy (CBT)**
- 01/2012-04/2016 **Training** in cognitive behavioral psychotherapy | Educational Institute for Behavior Therapy (FAVT), Freiburg, Germany
- Winter Semester 2005/06 – Summer Semester 2011 **Diploma in Psychology** | University of Bremen, Germany | Degree: Diploma (grade: 1,0) | minor subject: Medicine
Topic of Diploma Thesis: Analysis of Active Factors in CBASP and IPT Therapies.

GRANTS AND FUNDING

- 09/2019 **Best-Dissertation Award** 2019 of the German Society for Social Medicine and Prevention (DGSMP) | € 1.000
- 08/2019 **GBA Innovationsfonds Grant (Co-PI): "SAD-gB - Development and Validation of a Self-Assessment Sheet for Anxiety and Depression in People with Mental Disabilities"** | Prof. Dr. Dr. Jürgen Bengel (PI), Dr. Almut Helmes, **Dr. Lasse Sander**, Prof. Dr. Markus Wirtz | Gemeinsamer Bundesausschuss Innovationsfonds (VSF1_2019-012) | **EUR 276.929**
- 12/2018 **Mobility Grant | € 3.107,-** | German Academic Exchange Service (DAAD) | ISRII Conference | The University of Auckland, **New Zealand**

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- 12/2017 **Participation in DFG-Project Grant:** *"Reducing the incidence of major depression in patients with chronic back pain and subclinical depression using an Internet- and mobile-based intervention – follow-up assessment of a pragmatic randomized controlled study"* | Prof. Dr. Harald Baumeister, Dr. David Ebert und Prof. Dr. Dr. Jürgen Bengel | German Research Foundation (DFG) | Project (BA 3407/5-1) duration: 15 months; **EUR 96.926**
- 10/2017 **Travel Grant | € 473,-** | International Academy of Graduates Freiburg Research Services
- 07/2016 **Travel Grant | € 394,-** | German Academic Exchange Service (DAAD) | ESRII Conference, The University of Bergen, **Norway**
- 05/2016 **Travel Grant | € 910,-** | Dr. Heinrich Kircher Foundation | Faculty of Medicine | Albert-Ludwigs University, Freiburg, Germany
- 06/2015 **Travel Grant | € 420,-** | Dr. Heinrich Kircher Foundation | Faculty of Medicine | Albert-Ludwigs University, Freiburg, Germany
- > 11/2014 **Equipment Subsidy | € 2.500,-** | Scientific Association | Freiburg, Germany

TIMES ABROAD

- 07-08/2018 Lab visit at the Danish Research Institute for Suicide Prevention, Mental Health Centre Copenhagen, Hellerup, **Denmark**

UNIVERSITARY TEACHING

- >> Summer Semester 2019 Rehabilitation Psychology | Seminar, B.Sc. | Institute of Psychology | Albert-Ludwigs University, Freiburg, Germany
- Summer Semester 2019 Project Seminar | Seminar, M.Sc. | Institute of Psychology | Albert-Ludwigs University, Freiburg, Germany
- Winter Semester 2018/19 Empirical Practical Course, B.Sc. | Institute of Psychology | Albert-Ludwigs University, Freiburg, Germany
- Summer Semester 2018 Rehabilitation Psychology | Seminar, B.Sc. | Institute of Psychology | Albert-Ludwigs University, Freiburg, Germany
- Summer Semester 2018 Project Seminar | Seminar, M.Sc. | Institute of Psychology | Albert-Ludwigs University, Freiburg, Germany
- Winter Semester 2017/18 Empirical Practical Course, B.Sc. | Institute of Psychology | Albert-Ludwigs University, Freiburg, Germany

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Summer Semester 2017	Psychological Diagnostics A Seminar, M.Sc. Institute of Psychology Albert-Ludwigs University, Freiburg, Germany
Winter Semester 2016/17	Medical Sociology Seminar Faculty of Medicine Albert-Ludwigs University, Freiburg, Germany
Summer Semester 2016	Psychological Diagnostics A Seminar, M.Sc. Institute of Psychology Albert-Ludwigs University, Freiburg, Germany
Summer Semester 2016	Medical Sociology Workshop Faculty of Medicine Albert-Ludwigs University, Freiburg, Germany
Winter Semester 2015/16	Medical Sociology Seminar Faculty of Medicine Albert-Ludwigs University, Freiburg, Germany
Summer Semester 2015	Medical Sociology Workshop Faculty of Medicine Albert-Ludwigs University, Freiburg, Germany
Winter Semester 2014/15	Medical Sociology Seminar Faculty of Medicine Albert-Ludwigs University, Freiburg, Germany
Summer Semester 2014	Clinical Psychological Diagnostics and Interventions: basis qualifications Seminar, M.Sc. Institute of Psychology Albert-Ludwigs University, Freiburg, Germany
Winter Semester 2013/14	Clinical Psychological Interventions Seminar, M.Sc. Institute of Psychology Albert-Ludwigs University, Freiburg, Germany

LECTURES ON INVITATION

10/2018	Sander L. <i>Internet-based prevention of depression - lessons learned from two nationwide large-scale RCTs in Germany.</i> The University of Kyoto, Japan .
09/2018	Sander L. <i>Handling Suicidality in RCTs on Internet Interventions for Depression: A Literature Review and Expert Interviews.</i> The University of Tokyo, Japan .
08/2018	Sander L. <i>Internet- and Mobile-based interventions in Germany.</i> Danish Research Institute for Suicide Prevention, Mental Health Centre Copenhagen, Hellerup, Denmark
01/2018	Sander L. <i>Internet-based prevention of depression</i> University of Ulm, Germany

CONGRESS- AND WORKSHOP ORGANISATION

- 05/2019 **Sander L.** *APPs in der Psychotherapie* | Symposium Chair German Psychological Society (DGPs) Congress | May 31, 2019 Erlangen, Germany.
- 04/2019 **Sander L.** *SmartReha: Einsatzmöglichkeiten von Internet- basierten Interventionen in der medizinischen Rehabilitation.* Symposium Chair | 28. Reha-Kolloquium | April 17, 2019 | Berlin, Germany.
- 02/2019 **Sander L.** *Prevention of depression - Spotlight on target populations.* Symposium Chair | 10th ISRII Scientific Meeting | February 14, 2019 | Auckland, **New Zealand.**
- 05/2018 **Sander L.** *From E- to M-Health: Internet- and Mobile-based interventions in comparison* | Workshop for young scientists | 36th German Psychological Society (DGPs) Congress | Landau, Germany
- since 2017 **Sander L.** *Smart therapy: Internet-based health interventions in psychotherapy* | Workshop | Various Training Institutes for Cognitive Behavior Therapy
- > 05/2016 **Sander L.** *First steps towards building one's own online intervention* | Workshop for young scientists | 34th German Psychological Society (DGPs) Congress | Bielefeld, Germany

THESES MENTORING

- 2019 R. Büscher | **Doctoral Thesis** | University of Freiburg
- >> 2019 A Kreiter | Bachelor Thesis | University of Freiburg
- 2019 R. Raschtuttis | Bachelor Thesis | University of Freiburg
- 2019 J. Schorndanner | Master Thesis | University of Freiburg
- 2019 R. Büscher | Master Thesis | University of Freiburg
- Since 2018 K. Spanhel | **Doctoral Thesis** | University of Freiburg
- 2018 M. Pietsch | Master Thesis | University of Freiburg
- 2018 C. Kuhn | Bachelor Thesis | University of Freiburg
- 2018 K. Gerhardinger | Master Thesis | University of Freiburg

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2018	L. Heizmann Master Thesis University of Freiburg
2017	M. v. Boeselager Bachelor Thesis University of Freiburg
2017	S. Duroska Master Thesis University of Freiburg
2017	E.-L. Ravn Master Thesis University of Freiburg
2016	S. Nünemann Master Thesis University of Freiburg
2016	Y. Terhorst Bachelor Thesis University of Freiburg
2015	L. Rausch Master Thesis University of Freiburg
2014	K. Schröder Bachelor Thesis University of Freiburg

AD-HOC REVIEWER

> Archives of Psychiatry and Mental Health, BMJopen, Depression and Anxiety, Die Rehabilitation, International Journal of Environmental Research and Public Health, International Journal of Methods in Psychiatric Research, Journal of Affective Disorders, Journal of Medical Internet Research (JMIR), PLOS ONE, Psychotherapy and Psychosomatics, Zeitschrift für Klinische Psychologie und Psychotherapie (ZKPP)

MEMBERSHIPS

International Society for Research on Internet Interventions (ISRII)

European Association of Clinical Psychology and Psychological Treatment (EACLIPT)

German Society for Medical Psychology | Deutsche Gesellschaft für Medizinische Psychologie (DGMP)

>> German Psychological Society | Deutsche Gesellschaft für Psychologie (DGPs)

Founding member of the special interest group E-Health: Technology-based and IT-supported psychological interventions on health promotion, prevention and therapy of mental and physical illness

European Society for Research on Internet Interventions (ESRII)

Psychotherapeutic Association Baden-Württemberg (Ipk-bw)

Freiburg, September 2019

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